



IF YOU ANSWER YES TO ANY OF THESE QUESTIONS YOU MIGHT HAVE SLEEP APNEA

1. Have you ever been diagnosed with Sleep Apnea? Yes___ No___
2. Have you ever had a sleep study? Yes___ No___
3. Have you ever been told that you should wear a CPAP? Yes___ No___

Continuous positive airway pressure therapy (CPAP) uses a machine to help a person who has obstructive sleep apnea (OSA) breathe more easily during sleep. A CPAP machine increases air pressure in your throat so that your airway does not collapse when you breathe in.

4. Do you have morning headaches? Yes___ No___
5. Are you drowsy during the day, able to take a nap almost any time?
Yes___ No___
6. Have you been told that you gasp for air or suddenly stop breathing while sleeping? Yes___ No___
7. Do you snore? Yes___ No___

Date: _____

Patient Name: _____

Address: _____

Telephone Number: _____

E-Mail Address: _____

Signature: _____